COURSE CATALOGUE – PHYSIOTHERAPY - UNIFORM FIVE-YEAR DEGREE PROGRAM

Nr	subjects	ECTS I semster	ECTS II semester	ECTS I year	language of instruction, level CEFR B1
Biomedical basis of physiotherapy					
1.	Palpation anatomy		1.5	1.5	Polish
2.	Normal anatomy	3	3	6	Polish
3.	X-ray anatomy		0.5	0.5	Polish
4.	Biochemistry	1.5		1.5	Polish
5.	Biophysics	1		1	Polish
6.	Applied biomechanics and ergonomics		1	1	Polish
7.	Medical biology	1		1	Polish
8.	Physiological diagnostics		1	1	Polish
9.	Pharmacology in physiotherapy		1	1	Polish
10.	Physiology of pain	1		1	Polish
11.	General physiology	2		2	Polish
12.	Exercise physiology		1	1	Polish
13.	Genetics		1	1	Polish
14.	First aid	1		1	Polish
General sciences					
15.	Bioethics	1		1	Polish
16.	Demography and epidemiology	0.5		0.5	Polish
17.	Didactics of physiotherapy	1		1	Polish
18.	Economics and the health care system	0.5		0.5	Polish
19.	Philosophy	0.5		0.5	Polish
20.	History of physiotherapy	0.5		0.5	Polish
21.	Foreign language (English, German, Russian) - choice subjects	1.5	1.5	3	Polish
22.	Clinical communication	0.5		0.5	Polish
23.	General pedagogy	0.5		0.5	Polish
24.	Special pedagogy	0.5		0.5	Polish
25.	Fundamentals of law - intellectual property law, medical law, civil law, labour law	1		1	Polish
26.	Clinical psychology and psychotherapy	0.5		0.5	Polish
27.	General psychology	0.5		0.5	Polish
28.	Sociology of disability	0.5		0.5	Polish
29.	General sociology	0.5		0.5	Polish
30.	Information technology	0.5		0.5	Polish
31.	Management and marketing	0.5		0.5	Polish
32.	Public health	0.5		0.5	Polish
	Fundamentals of physiotherapy				
33.	Physioprophylaxis and health promotion	2		2	Polish
34.	General physiotherapy	2	2	4	Polish
35.	Movement education and movement teaching methodology	3	3	6	Polish
36.	Sports of people with disabilities		2	2	Polish
37.	Medical devices		2	2	Polish
	The University's proprietary offerings				
38.	Kinesiology		2	2	Polish
39.	Deontology		1	1	Polish
40.	Professional ethics			0	Polish
41.	Biochemistry and clinical chemistry		1	1	Polish
42.	Laboratory diagnostics			0	Polish
43.	Fundamentals of sign language		1.5	1.5	Polish
44.	Sign language in physiotherapy			0	Polish
45.	Fundamentals of microbiology		1	1	Polish
46.	Microbiology and parasitology			0	Polish
47.	Dietetics in physiotherapy		1	1	Polish
48.	Nutrition in musculoskeletal and neurodegenerative diseases		1	1	Polish
49.	Functional foods			0	Polish
50.	Legal and economic aspects of information management in medicine		1	1	Polish
51.	Computer support of medical activities		1	1	Polish
52.	New technologies in health care systems			0	Polish
	Others				
53.	Library training			0	Polish
54.	Health and safety training			0	Polish
	altogether	**29**	**31**	**60**	

ELECTIVE MODULES
- 1 of 2 modules
- 1 of 2 modules
- 1 of 2 modules
- 1 of 2 modules
- 2 of 3 modules
- 2 out of 3 modules

Nr	subjects	III semster	IV semester	II year	
	Biomedical basis of physiotherapy				
1	Functional anatomy	1.5		1.5	Polish
2		2		2	Polish
3	General pathology	1		1	Polish
	General sciences				
4	Foreign language (English, German, Russian) - choice subjects	1	1	2	Polish
5	Physical education			0	Polish
	Fundamentals of physiotherapy				
6	Adapted physical activity	2		2	Polish
7	Physical therapy	3	3	6	Polish
8	Kinesitherapy	3.5	3.5	7	Polish
9	Massage		2	2	Polish
	Clinical physiotherapy				
10	Clinical fundamentals of physiotherapy in: orthopedics and traumatology		2	2	Polish
11	Clinical fundamentals of physiotherapy in: sports medicine		1.5	1.5	Polish
12	Clinical fundamentals of physiotherapy in: rheumatology		1	1	Polish
13	Clinical fundamentals of physiotherapy in: neurology and neurosurgery		2	2	Polish
14	Clinical fundamentals of physiotherapy in: pediatrics	1		1	Polish
15	Clinical fundamentals of physiotherapy in: pediatric neurology	1		1	Polish
16	Clinical fundamentals of physiotherapy in: cardiology and cardiac surgery		2	2	Polish
17	Clinical fundamentals of physiotherapy in: pulmonology		2	2	Polish
18	Clinical fundamentals of physiotherapy in: surgery	1		1	Polish
19	Clinical fundamentals of physiotherapy in: gynecology and obstetrics	1		1	Polish
20	Clinical fundamentals of physiotherapy in: geriatrics		1	1	Polish
21	Clinical fundamentals of physiotherapy in: psychiatry	1		1	Polish
22	Clinical fundamentals of physiotherapy in: intensive care	1		1	Polish
23	Clinical fundamentals of physiotherapy in: oncology and palliative medicine	1		1	Polish
	The University's proprietary offerings				
24	Phytocosmetics and phytotherapy	0.5		0.5	Polish
25	Basics of aromatherapy	0.5		0.5	Polish
26	Plant-based natural therapies			0	Polish
27	Uses and exotic spices in physiotherapy			0	Polish
28	Sensory and aromatherapy in physiotherapy	1		1	Polish
29	Sensory therapies in physiotherapy and wellness			0	Polish
	Physiotherapy internships				
30	Assistant practice	5		5	Polish
31	Summer practice in kinesitherapy		11	11	Polish
	altogether	**28**	**32**	**60**	

ELECTIVE MODULES
- 2 of 4 modules
- 1 of 2 modules

Nr	subjects	V semester	VI semester	III year	
	General sciences				
1	Foreign language (English, German, Russian) - choice subjects	1	2	3	Polish
	Fundamentals of physiotherapy				
2	Balneoclimatology	1		1	Polish
3	Biological regeneration		1	1	Polish
4	Manual therapy		2	2	Polish
	Clinical physiotherapy				
5	Clinical physiotherapy in musculoskeletal dysfunctions in: orthopedics and traumatology	5		5	Polish
6	Clinical physiotherapy in musculoskeletal dysfunctions in: sports medicine	2		2	Polish
7	Clinical physiotherapy in musculoskeletal dysfunctions in: rheumatology	2		2	Polish
8	Clinical physiotherapy in musculoskeletal dysfunctions in: neurology and neurosurgery	5		5	Polish
9	Clinical physiotherapy in musculoskeletal dysfunctions in: developmental age	5		5	Polish
10	Physiotherapy in internal diseases in: cardiology and cardiac surgery		3	3	Polish
11	Physiotherapy in internal diseases in: pulmonology		3	3	Polish
12	Physiotherapy in internal diseases in: surgery		2	2	Polish
13	Physiotherapy in internal diseases in: gynecology and obstetrics		2	2	Polish
14	Physiotherapy in internal diseases in: pediatrics		3	3	Polish
15	Physiotherapy in internal diseases in: geriatrics		2	2	Polish
16	Physiotherapy in internal diseases in: psychiatry		2	2	Polish
17	Physiotherapy in internal diseases in: oncology and palliative medicine		2	2	Polish
	The University's own offerings				
18	Animal therapy	1		1	Polish
19	Arteterapy	1		1	Polish
20	Occupational therapy			0	Polish
21	Kinesiology taping		1	1	Polish
22	Sports massage			0	Polish
23	Physical medicine in disease entities	1		1	Polish
24	Physical medicine in spa treatment			0	Polish
	Physiotherapy practice				
25	Practice in clinical physiotherapy, physical therapy and massage therapy	4		4	Polish
26	Vacation profiled practice - elective		7	7	Polish
	altogether	**28**	**32**	**60**	Polish

ELECTIVE MODULES
- 2 of 3 modules
- 1 of 2 modules
- 1 of 2 modules

Nr	subjects	VII semester	VIII semester	IV year	
	Clinical physiotherapy				
1	Functional diagnosis in: musculoskeletal dysfunctions		5	5	Polish
2	Functional diagnosis in: internal diseases	7		7	Polish
3	Functional diagnosis in: developmental age	3.5		3.5	Polish
4	Physiotherapy planning in: musculoskeletal dysfunctions		10	10	Polish
5	Physiotherapy planning in: internal diseases	10		10	Polish
6	Physiotherapy planning in: developmental age		7	7	Polish
	Research methodology				
7	Research methodology and statistics		3	3	Polish
	Authentic offerings of the University				
8	Kinesitherapy in a spa setting and in the patient's home	2.5		2.5	Polish
9	Physical medicine in a nursing home setting			0	Polish
10	Aesthetic medicine	1		1	Polish
11	Spa & Wellness			0	Polish
	Physiotherapy internships				
12	Practice in clinical physiotherapy, physical therapy and massage therapy	4		4	Polish
13	Profiled summer practice - elective		7	7	Polish
	altogether	**28**	**30**	**60**	Polish

ELECTIVE MODULES
- 1 of 2 modules
- 1 of 2 modules

Nr	subjects	IX semster	X semester	V year	
	Fundamentals of physiotherapy				
1	Special methods of physiotherapy - methods of postural re-education, neuromuscular re-education, neuro-rehab	8		8	Polish
	Methodology of scientific research				
2	MASTER'S DRAFT (MA seminar; master's thesis; master's exam).	12	10	22	Polish
	The University's own offerings				
3	Basics of osteopathy	1.5		1.5	Polish
4	Lymphatic drainage			0	Polish
5	Diagnosis and systematics of exercises in medical massage	1		1	Polish
6	Specialty massage	1		1	Polish
7	Basics of acupressure, acupuncture and relaxation massage			0	Polish
8	Documentation in the practice of a physiotherapist	1.5		1.5	Polish
9	Medical examination and documentation according to the ICF			0	Polish
10	Radiological examinations - interpretation	1		1	Polish
11	Imaging diagnostics in the practice of a physiotherapist			0	Polish
12	Fundamentals of speech therapy			0	Polish
13	Deep tissue massage	2.5		2.5	Polish
14	Soft tissue therapy			0	Polish
15	Eastern medicine	1.5		1.5	Polish
16	New trends in wellness			0	Polish
	Physiotherapy internships				
17	Practice in clinical physiotherapy, physical therapy and massage therapy - semester practice		20	20	Polish
	altogether	**30**	**30**	**60**	

ELECTIVE MODULES
- 1 of 2 modules
- 2 of 3 modules
- 1 of 2 modules
- 1 of 3 modules
- 1 of 2 modules
- 1 of 2 modules

COURSE CATALOGUE - COSMETOLOGY - FIRST DEGREE STUDY PROGRAM

Nr	subjects	ECTS I semester	ECTS II semester	ECTS I year	language of the course, level B1
	General Subjects				
1	Information technology	1		1	Polish
2	Physical Education				Polish
	Basic Subjects				
3	Anatomy	3		3	Polish
4	Biophysics	2		2	Polish
5	Biology with genetics	2		2	Polish
6	General chemistry	2		2	Polish
7	General dermatology		3	3	Polish
8	Emergency premedical care		1	1	Polish
9	Professional ethics/Deontology		1	1	Polish
10	Physiology		2	2	Polish
11	Hygiene	1		1	Polish
12	Histology		1	1	Polish
13	History of cosmetology/History of philosophy	1		1	Polish
14	Interpersonal communication/Communication Verbal and non-verbal	1		1	Polish
15	Marketing and management/Human resources in cosmetology practice		1	1	Polish
16	Legal basis of individual business activity / Business and service activities		2	2	Polish
17	Fundamentals of nutrition	1		1	Polish
18	Psychology	1		1	Polish
19	Behavioral psychology in the beauty salon / Cosmetology/Psychological basis of work	1		1	Polish
20	Sociology	1		1	Polish
21	Health and ecology/environmental education		4	4	Polish
	Course Subjects				
22	Heat therapy in cosmetology/cold therapy in cosmetology	1		1	Polish
23	Disinfection and sterilization in the practice of Cosmetology/Maintenance principles and procedures	1	2	3	Polish
24	Hygiene and organization of work in a beauty salon		1	1	Polish
25	Foreign language (English, German, Russian) - choice subjects	1	1	2	Polish
26	Nursing cosmetology	4	5	9	Polish
27	Cosmetic ingredients and raw materials	2		2	Polish
28	Cosmetic material science		2	2	Polish
	Internships				
29	Apprenticeships		10	10	Polish
	Other Requirements				
30	Library training				Polish
31	Health and Safety Training				Polish
	altogether	**26**	**35**	**61**	

Nr	subjects	III semester	IV semester	II year	
	General Subjects				
1	Physical education				Polish
	Basic subjects				
2	Biochemistry	2		2	Polish
3	Immunology with allergology		2	2	Polish
4	Pathophysiology	1		1	Polish
5	Fundamentals of pharmacology	2		2	Polish
6	Fundamentals of microbiology	2		2	Polish
7	Fundamentals of toxicology	1		1	Polish
8	Prevention of metabolic diseases/Prevention of female diseases		1	1	Polish
	Course Subjects				
9	Cosmetic Chemistry		2	2	Polish
10	Chemistry of natural cosmetic ingredients		3	3	Polish
11	Dermoconsultation/Cosmetic Counseling	1		1	Polish
12	Exotic ingredients in cosmetology/Exotic natural cosmetics	1		1	Polish
13	Aesthetics and styling/Image creation	3		3	Polish
14	Foreign language (English, German, Russian) - choice subjects	2	4	6	Polish
15	Beautifying and corrective cosmetology	4	7	11	Polish
16	Nutrikosmetics/Apicosmetics	2		2	Polish
17	Permanent makeup basics/Makeup corrective face and body		1	1	Polish
18	Acupuncture/Acupressure		1		Polish
19	Sensory science and fragrances/Elements of perfumery				Polish
20	Light therapy/Laser therapy	1		1	Polish
21	Cosmetic form technology		3	3	Polish
22	Apprenticeships	5	10	15	Polish
	altogether	**27**	**35**	**62**	

Nr	subjects	V semester	VI semester	III year	
	General Subjects				
1	Microeconomics/Macroeconomics	1		1	Polish
2	Research methodology/Research methods	2		2	Polish
3	Intellectual property protection/Copyright law	1		1	Polish
4	Health promotion and health education		2	2	Polish
5	Physical education				Polish
	Basic Subjects				
6	Therapeutic massage/Classical massage		2	2	Polish
7	Fundamentals of physiotherapy and massage therapy	4		4	Polish
8	Prevention of blood borne infections		1	1	Polish
	Course Subjects				
9	Chemical analysis of cosmetics	1		1	Polish
10	Cosmetic apparatus	2		2	Polish
11	Economics and management in cosmetic establishments/Basics of business management		1	1	Polish
12	Phytocosmetics and phytotherapy/ Folk medicine	2		2	Polish
13	Hydrotherapy/Balneotherapy	1		1	Polish
14	Medical cosmetology		2	2	Polish
15	General cosmetology	5	7	12	Polish
16	Body shaping and posture/Body shaping		2	2	Polish
17	Cosmetic evaluation methods/Instrumental analysis	2		2	Polish
18	Essential oils in cosmetology/Aromatherapy	1		1	Polish
19	Fundamentals of gerontology/Cosmetological aspects		1	1	Polish
20	Diploma seminar	3	5	8	Polish
21	Cosmetic legislation/ Legal aspects in cosmetology	1		1	Polish
22	Contemporary trends in cosmetology/Contemporary trends in aesthetic medicine		1	1	Polish
	Internships				
23	Professional practice	10	3	13	Polish
	altogether	**33**	**27**	**60**	

COURSE CATALOGUE - NURSING - FIRST DEGREE STUDY PROGRAM

Nr	Educational content in	ECTS I semester	ECTS II semester	ECTS I year	language of the course, level B1
1	C - Fundamentals of nursing	7	6	13	Polish
	C - Fundamentals of nursing		3	3	Polish
	C - Fundamentals of nursing		4	4	Polish
2	A -Anatomy	4		4	Polish
3	A - Physiology	4		4	Polish
4	A - Pharmacology		3	3	Polish
5	A - Microbiology and parasitology	3		3	Polish
6	B - Public health	4	3	7	Polish
7	B - Medical law		1	1	Polish
8	Biochemistry and biophysics in				Polish
	A - Biochemistry	4		4	Polish
	A - Biophysics				Polish
9	B - Psychology	2		2	Polish
10	C - Dietetics		1	1	Polish
11	B - Pedagogy		2	2	Polish
12	A - Pathology		3	3	Polish
13	B - Sociology	1		1	Polish
14	C - Ethics of the profession of a nurse		4	4	Polish
15	C - Health promotion	2		2	Polish
16	A - Genetics	2		2	Polish
17	B - English language	3	3	6	Polish
18	C - Primary health care		5	5	Polish
19	C - Hospital-acquired infections	1		1	Polish
20	C - Sign language				Polish
	C - Cooperation in health care teams	1	1	2	Polish
21	Health and safety training - 4h				Polish
22	Library training - 2h				Polish
23	Physical education				Polish
	altogether	**38**	**39**	**77**	

Nr	Educational content in	III semester	IV semester	II year	
1	C - Primary health care	3		3	Polish
			6	6	Polish
2	C - Physical examination	3		3	Polish
3	D - Pediatrics and	3	3	6	Polish
	pediatric nursing				Polish
	D - Pediatrics and	2.5	2.5	5	Polish
	pediatric nursing	2	4	6	Polish
4	D - Internal medicine and internal medicine nursing	3	2	5	Polish
		3		3	Polish
5	D - Internal medicine and internal medicine nursing	3	3	6	Polish
6	D - Surgery and surgical nursing	3	3	6	Polish
7	D - Surgery and	1.5	1.5	3	Polish
	surgical nursing	4	2	6	Polish
	Physical education				Polish
	C - Organization of nursing work		2	2	Polish
8	C - Information system in health care	1.5		0.5	Polish
9	D - Research in nursing		3	3	Polish
	altogether	**32.5**	**32**	**64.5**	

Nr	Educational content in	IV semester	V semester	III year	
1	D - Pediatrics and nursing	1		1	Polish
2	D - Internal medicine and internal medicine nursing	1		1	Polish
3	D - Surgery and nursing	1		1	Polish
4	D - Geriatrics and geriatric nursing		3	3	Polish
	D - Geriatrics and geriatric nursing		3	3	Polish
			3	3	Polish
5	D - Fundamentals of rehabilitation	2		2	Polish
6	D - Palliative care	1		1	Polish
	D - Palliative care	2		2	Polish
	D - Palliative care	2		2	Polish
7	D - Anesthesiology and nursing in life-threatening	3		3	Polish
		3		3	Polish
	D - Anesthesiology and nursing in life-threatening	3		3	Polish
8	D - Psychiatry and psychiatric nursing	3		3	Polish
		3		3	Polish
	D - Psychiatry and psychiatric nursing	3		3	Polish
9	D - Basic emergency nursing	2		2	Polish
10	D - Neurology and neurological nursing		3	3	Polish
			3	3	Polish
	D - Neurology and neurological nursing		3	3	Polish
11	D - Obstetrics, gynecology and obstetrics-gynecology nursing		2	2	Polish
			3	3	Polish
	D - Obstetrics, gynecology and obstetrics-gynecology nursing		2	2	Polish
12	D - Nursing in long-term care	2		2	Polish
	D - Nursing in long-term care	2		2	Polish
	D - Nursing in long-term care	2		2	Polish
13	A - Radiology		1	1	Polish
14	D - Bachelor seminar		5	5	Polish
	altogether	**36**	**31**	**67**	